

Summer Adult Fitness Classes At Gardner Dance!!

Session #1

5:30 A.M. Classes ~ Mon. - Tues. - Thurs.

Summer Boot Camp

Includes: Step Aerobics, Weights, High/Low Cardio

Session #2

8:30 A.M. Classes ~ Mon. - Wed. - Thurs.

Mon. - Low Impact Aerobics

Wed. - Kick Boxing

Thurs. - Teachers Choice

When : June & July

Where: Gardner Dance Studio

324 E. Main Street, Gardner
913-515-7120 / 913-884-6505

Who: Stephanie Davis

Cost: \$90 per Session

If you are interested please enroll now!

We must have 10 enrolled in each session to hold the classes.

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